



# INSTRUCTIONS:



The first section is specific to meetings and camps. The first slide is “CUB SCOUTS”. The next section is coping strategies. The first slide of this section is “ONLY YOU KNOW WHAT YOU NEED”. Feel free to use the visuals in any way you see fit.

I find having a small keychain for youth that like to follow along with the activities is beneficial. Also having a larger group set accessible so everyone is on the same page.

Having a small keychain for coping strategies helps the youth that need breaks throughout. Most times, verbal speech is challenging when youth become escalated. This can be a keychain that scouts hold onto and present to the youth in challenging times (after they learn what it is and how to use it). The youth can flip through and show what they need in the moment instead of trying to have a conversation. Scouts could also present 2 choices and have the youth choose between those.



# INSTRUCTIONS:



## KEYCHAINS:

1. Look through all of the visuals and decide which ones will work best for you and your group.
2. Print the images you would like to use. (I suggest printing multiple per page so that the images are smaller and more transportable - 3in x 3in or 2in x 2in are great for personal use)
3. Laminate the images
4. Cut out the images
5. Hole punch the images in the same spot
6. Attach them to a keyring.
7. Enjoy

## VISUAL SCHEDULE:

1. Look through all of the visuals and decide which ones will work best for you and your group.
2. Print the images you would like to use. (I suggest printing larger images so that everyone can see them)
3. Laminate the images
4. Cut out the images
5. Enjoy (note: you can attach velcro or magnets or on the back)

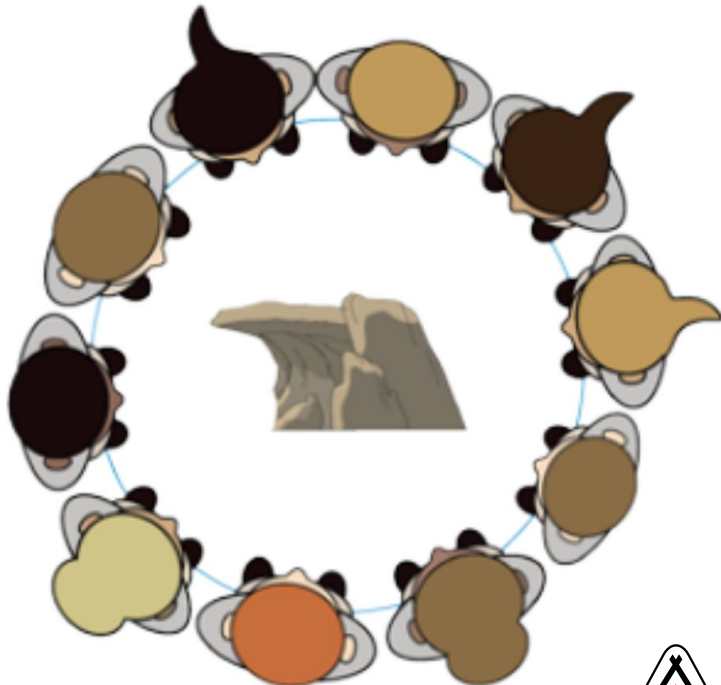
# **CUB SCOUTS**



# LAIERS



# PACK PACK PACK



**Rock Circle**





**PACK PACK PACK**



**Parade Circle**



BADGE WORK





# OPENING CEREMONY





# CLOSING CEREMONY



# SWIMMING

# CANOEING







**SAILING**

# ROCK CLIMBING



# ROCK CLIMBING





# CAMPFIRE



# HIKING





# CRAFTS





**CLEAN UP**



# SETTING UP TENTS



# FIRE BUILDING



Religious Affiliation  
(optional placement)

Religion in Life  
emblem

Group crest

Area crest

Language  
Strip

Lair  
insignia

North Star  
Award

Personal  
Achievement  
badges



Personal  
Progression badges

Council crest

Scouting  
awards

Flex badge

World Scout  
Environment  
Award

Outdoor  
Adventure  
Skills badges

Canadian  
Path  
badges

Service  
Stripes



Cub Scout necker  
(Group, red or tan)

Sponsor/Partner emblem  
(necker point)



only you know

WHAT YOU

NEED



**WEIGHTED  
ITEM**





**GO FOR  
A WALK**





TIME FOR A

BREAK.







**FIDGET**







DRINK



Sometimes  
I need  
★ to be ★  
ALONE

Check on me  
again in...



Sometimes  
I need  
★ to be ★  
ALONE

Check on me  
again in...

